

## Finding a Doctor Is Easy

At First Health, we are committed to providing you with the information you need to make better, more cost-effective decisions about your health care. That's why we offer two easy ways to find a doctor, hospital or other health care provider that participates in the First Health Network.

### Online, Anytime

Our electronic directory is the most convenient way to search for a provider. You can search for providers in the First Health Network by name, address, ZIP code, county and city. Best of all, the electronic directory is updated every day so you can be sure you are getting the most current information.

When you search for a provider in the electronic directory, you can also:

- Learn about physicians' specialties
- Find out where physicians have hospital admitting privileges
- View the services available at a particular facility
- Print out driving directions to any provider office location
- Notify us of updated provider information, such as office addresses and telephone numbers

You can access our electronic directory 24 hours a day, 365 days a year, simply by visiting the website at **[www.myfirsthealth.com](http://www.myfirsthealth.com)**.

You don't need a password to search—just follow these four easy steps to find a provider:

**1) Enter [www.myfirsthealth.com](http://www.myfirsthealth.com)**

**2) Select the First Health Network**

**3) Select your search option** (name, address, ZIP code, county or city) and provider type.

**4) Enter your search information** and distance (five to 200 miles), then click "Search."



### 24/7 Service

You can also call 24 hours a day, 365 days a year and talk with a real person who can help you quickly find the right provider for the care you need, whenever you need it. Simply call First Health toll-free at 1-888-685-7774 from anywhere in the United States, anytime, day or night.

First Health understands that you rely on a variety of tools to help manage your health care. Our 24-hour availability and web and phone search options make it easy for you to quickly find the right provider for the care you need in the way that works best for you.